

“Pamela is a volcano of motivation – a person whose energy ignites others to take action and believe in themselves. She always wants the best for everyone, offering mental support and lifting the spirits of those who need it. She sets high goals and pursues them with remarkable determination, inspiring everyone around her with her attitude, while remaining warm, smiling, and consistently positive about life.” **JACEK KMIECIAK (Germany)**

“Pamela is truly inspiring and considerate person with a lot of empathy and compassion. She has a gentle manner and kindness along with a combination of deep wisdom and intuition. She is genuinely dedicated to help others grow. A wonderful person, knowledgeable and goes above and beyond to help make life easier for others.” **ZAHIDA JOHAL (UK)**

“Pamela brings a rare combination of kindness, humour, intelligence and deep thoughtfulness to everything she does. After completing her neuro-linguistic training and receiving a diploma, she continues to inspire and motivate those around her, including me, by seeing the best in people and encouraging them to reach their full potential. Her thought-provoking insights and uplifting presence make her someone who truly challenges and empowers others to be the best version of themselves. I feel blessed to know her.” **BAL KHAIRA (UK)**

“Pamela is truly inspirational. Kind and caring, she genuinely wants the very best for you. She has given me a new perspective on my way of thinking which has instilled in me a confidence and belief that I never had before – thank you!” **MANDY COLLINS (UK)**

“Pamela always leaves you feeling refreshed and re-energised. Her outlook naturally lifts my mood. After speaking with her, my thinking seems to shift almost effortlessly towards a more optimistic and hopeful perspective. It’s as if her energy reminds you that challenges can always be approached with a brighter mindset.! **ELISE GOLDING (UK)**

“Pamela is an inspiring individual with a full and eventful life. She is beautiful inside and out. She is brutally honest and considerate to name but a few. She will genuinely care about you and take you under her wing all while encouraging and motivating you to get the best from your life.” **JENNIFER KERRIGAN (Ireland)**

“Pamela is a force to be reckoned with. She is positive, happy and bubbly all while having a genuine interest for those around her. She is always on hand to guide and advise when needed. She will genuinely encourage you to get the best from your life and be happy for you when you reach your goals.” **MARK KERRIGAN (Ireland)**

“I’ve known Pamela for over 30 years and she is undoubtedly the most resilient, courageous, compassionate, empowering and authentic person I know. Always bringing out the best in others and encouraging them to be better versions of themselves. She also possesses deep

empathy and works to uplift those around her. She is a force to be admired.” **CLAUDINE  
(Ireland)**